

Fit & Sound is Going to The Farm... & Canyon Ranch is Coming to The Reef!

Our Fit & Sound Club will feature two fun and healthy opportunities during the first week of March. On Sunday March 6th, the Club is producing a Farm to Table Luncheon at Teena's Farm in the Redlands. Your Ocean Reef Club Chefs will be preparing the menu from the bounty of Teena's fields which we will serve right on the farm. In addition to the luncheon there will be cooking demonstrations showcasing how to use fresh produce in easy to prepare healthful dishes, tours of the farm's greenhouses and tasting tables that showcase heirloom tomatoes, fresh herbs, lettuces and seasonal vegetables.

If you have not been to the Redlands, this is the time to visit as the fields are brimming with fresh produce. It is just beautiful to drive this rural area and appreciate the craft of farming some of the best produce in America, right here in our back yard. The Club will provide van transportation on a first come first served reservation basis or you can drive yourself and enjoy touring our local

farmlands. Detailed maps will be available via Dining Reservations.

Then on Monday the 7th, we are pleased to showcase Larisa Alonso M.S., L.N./D., C.N.S, Nutritionist for Canyon Ranch Hotel & Spa, Miami Beach as our Program speaker during Monday's Fit & Sound dinner in the Galley. Larisa earned her Bachelor's degree in biochemistry at Cornell University and her Master's degree in nutrition and immunology from the University of Texas-School of Public Health in Houston. She has worked with a number of renowned integrative health practitioners. Her areas of interest include nutritional approaches to diabetes, cancer, skin health, inflammatory disorders, digestive disorders, cardiovascular disease, detoxification, and nutritional supplements. We look forward to welcoming her to Ocean Reef Club!

Please call Dining Reservations to reserve for our Farm to Table Luncheon and Fit & Sound Dinner with Canyon Ranch, 367-5931.

All Charities Auction Weekend Sets New Record \$1.8 Million Raises The Bar For Future Charitable Giving

The final numbers are in, and thanks to the support of the entire Ocean Reef community, the 2011 All Charities Auction Weekend set a new record for charitable giving. According to Steve Markel, co-chair of the event with his wife, Kathie, the estimated total raised for charitable causes was \$1.8 million, well above last year's total of \$1.5 million. "We are delighted with the results from this year's auction," said Markel. "We reached new heights of generosity as a community, and the many charities inside and outside our gates are very grateful."

Contributing to the tremendous success of the event was the film, "Ocean Reef: A Spirit of Generosity," produced by Bob Schmetterer, Larry Shapiro and Yuri Mikolay, and directed by Magnet Filmworks. "The film told the story of how many lives we touch in the surrounding communities of Key Largo and Homestead, and I know many in attendance found it especially poignant," said Markel. "For those who didn't get to see the film at the Live Auction, it's currently being shown before the first-run movies at the Cultural Center."

This year's All Charities Auction Weekend was also notable for the broad base of support, including scores of volunteers and the many Ocean Reef residents and guests who attended the weekend events, which included a Wine Tasting and Auction Preview Party on Friday, an Auction Day Celebration Saturday afternoon and Gala Wine Dinner and Live Auction on Saturday evening.

The two-day event, hosted by the Ocean Reef Foundation received the generous support of sponsors Avantair, Mary Lee Presents Ocean Reef, Northern Trust, Goldman Sachs/Marsh/Holland & Knight and NetJets. Trustee participation was up 60% from last year, and a record number of members stepped forward to contribute. The trustees provided a significant foundation for the success of the event, and they are deserving of special recognition. A complete listing of Trustees accompanies this



Alan Goldstein promotes the Lobster Bake at the "live" auction.

article.

"Guest auctioneer ended Saturday's Live Auction with a 'Raise the Paddle' special appeal, for those who may have yet to bid or win any items, as well as those who wanted to give more, and we raised an additional \$50,000 with that effort," said Markel. "We had more opportunities for people to give from the heart, and more ways to engage the community, and I think that made all the difference in our fundraising total."

The All Charities Auction event first combined numerous fundraisers for individual charities into one innovative event in 2008, and has since provided members with the chance to support charities on and near The Reef with this single fundraiser. The charities that benefit from this event include the Medical Center, the Art League, the Cultural Center, the Academy, the Ocean Reef Conservation Association and a host of charities and other organizations in the surrounding communities outside the gates. The distribution of proceeds to receiving charities will be detailed in future issues of the *Ocean Reef Press*.



Island Interiors at Ocean Reef

THE TIME TO MAKE PLANS TO REDECORATE IS NOW. DO NOT WAIT UNTIL YOU ARE READY TO LEAVE THE REEF, MAKE PLANS NOW SO THAT A ROOM, OR THE WHOLE HOUSE CAN BE REDONE WHILE YOU ARE AWAY THIS SUMMER. WE ARE EXPERTS AT HANDLING THESE PROJECTS FOR YOU. STOP BY OR CALL FOR AN APPOINTMENT.

8 Barracuda Lane • 367-2450

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